

DIRECTIONS TO CAPE TOWN OFFICE

4th Floor, Mariendahl House, Newlands on Main, corner Main Road and Campground, Claremont, 7708

+27 21 657 4040

From Cape Town Airport:

MyCiti Bus & Train

Outside the terminal building catch the MyCiti bus to the Civic Centre Station in Cape Town. Disembark at the Civic Centre and walk to the train station where you will need to purchase a ticket to Newlands Station.

- Get off at Newlands Station. See Map below.
- From Newlands Station, use the subway and head onto Letterstedt Road.
- Head south on Letterstedt road toward Mill Street.
- Turn left into Main Street, and continue straight pass Southern Sun Hotel, to Osborne Road.

Immediately after Southern Sun Hotel, turn left and use stairs to access Mariendahl House.

Mainstream South Africa Cape Town office is on the 4th Floor, Mariendahl House, Newlands on Main, Corner Main Road and Campground.

Travel Time: Around 80 minutes (depending on traffic)

Ticket Price: R50 on the MyCiti Bus (Purchase Tickets with driver) and R7 oneway, R14 return on the train (purchase ticket at the station kiosk)

Frequency: MyCity & train Every 20-30 minutes

From Northern Suburbs:

Train from Northern Suburbs Cape Town

- Take the Cape Town train at Bellville train station to Salt River Station.
- At Salt River Station, switch over and take the Fish Hoek or Simons Town train from platform 2 to Newlands.
- Get off at Newlands Station. See Map below.
- From Newlands Station, use the subway and head onto Letterstedt Road.
- Head south on Letterstedt road toward Mill Street.

Turn left into Main Street, and continue straight pass Southern Sun Hotel, to Osborne Road.

Immediately after Southern Sun Hotel, turn left and use stairs to access Mariendahl House.

Mainstream South Africa Cape Town office is on the 4th Floor, Mariendahl House, Newlands on Main, Corner Main Road and Campground.

Travel Time: 45 – 60 minutes by train.

Ticket Prices: R12 one way, R21 return

Frequency: Please check train schedule at <http://www.capemetrorail.co.za/>

Purchase Tickets: At Bellville Train Station

From Southern Suburbs:

Train from Southern Suburbs Cape Town

- Take the Southern Suburbs line train to Newlands Station.
- Get off at Newlands Station. See Map below.
- From Newlands Station, use the subway and head onto Letterstedt Road.
- Head south on Letterstedt road toward Mill Street.

- Turn left into Main Street, and continue straight pass Southern Sun Hotel, to Osborne Road. Immediately after Southern Sun Hotel, turn left and use stairs to access Mariendahl House. Mainstream South Africa Cape Town office is on the 4th Floor, Mariendahl House, Newlands on Main, Corner Main Road and Campground

Travel Time: 30-45 minutes by train.

Ticket Prices: R10 one way, R21 return

Frequency: Please check train schedule at <http://www.capemetrorail.co.za>

Purchase Tickets: At the Train Station